

## LIGHTEN UP

- HUMMUS + PITA** 9  
**CHICKEN KARAAGE** 14.5  
 Crispy fried marinated chicken, ginger sesame soy sauce, daikon slaw.  
**CALAMARI** 10  
 Crispy Ocean Wise calamari rings, sweet orange chili sauce, chili chive aioli.  
**SPRING ROLLS** 13  
 Roasted chicken spring rolls, kimchi, blueberry hoisen dipping sauce, daikon slaw.  
**SUNDRIED TOMATO BRUSCHETTA** 12.5  
 Marinated sundried tomatoes, fresh roma tomato, roasted garlic, basil, Parmesan.

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- GREENS**  
**MIGHTY KALE** 14.5  
 Our signature salad! Green kale massaged with Spanish olive oil and lemon juice, oregano vinaigrette, hemp hearts, croutons, Parmesan, fresh bread.  
**MANGO SHRIMP** 17  
 Shrimp, mango, red cabbage, wakame, cherry tomatoes, red onion, goat cheese, pepitas, citrus vinaigrette, fresh bread.

### CALL IT A COMBO

- SOUP + SALAD** 14.5  
 Your choice of soup and Mighty Kale salad, fresh bread.  
**SOUP + TOAST** 14  
 Your choice of soup and your choice of toast.  
**SALAD + TOAST** 14  
 Mighty Kale salad and your choice of toast.

Enjoy the best of both worlds!

### SOUP

- Bowl served with bread** 7.5 **Cup** 4  
**AYURVEDIC SOUP** "ah-yer-vey-dik"  
 Organic green kale, white quinoa, roasted sweet potato, coconut cream, butternut squash and fresh ginger infused with Leyda's blend of ancient Ayurvedic spices.

**SOUP OF THE DAY**  
 Ask about our chef's daily creation.

## BOWLS

- BURRITO** 14  
 Black beans, corn salsa, manchego, roasted red pepper, chives, kale, tomatoes, crispy tortilla, brown rice, guacamole, salsa, chili chive aioli.  
**POKÉ** 16  
 Poké style wild sockeye salmon, cucumber, carrots, kimchi, avocado, edamame, daikon, green onion, wakame, brown rice, ponzu.  
**BUDDHA** 15  
 Crispy tofu, curried chickpeas, sesame bok choy, hummus, avocado, red cabbage, cucumbers, radish greens, red quinoa, Thai curry sauce.

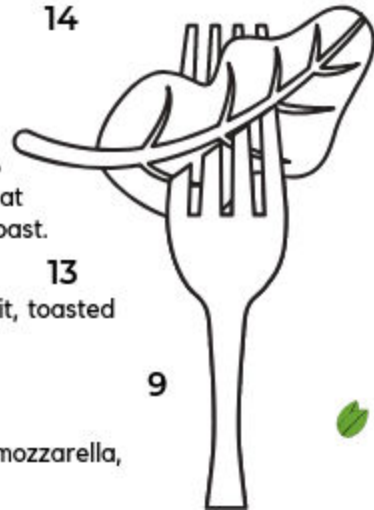
### GET TOASTY

- AVOCADO** 8  
 Smashed avocado, arugula, tomato, hemp hearts.  
**HUMMUS + BROCCOLI** 8  
 Garlic hummus, charred broccoli, spicy honey.  
**SCANDI** 9  
 Piquillo peppers, salmon gravlax, brie, parsley, tomato, olive oil.  
**MANGO** 9  
 Sliced mango, goat cheese, tahini, fresh mint, spicy honey.

Put an egg on it! 3

## BRUNCH

- SCRAMBLER** 14.5  
 Choice of Bacon, Bison Chorizo or Spinach Mushroom Florentine. Two organic scrambled eggs, sweet + local potato hash, mozzarella. Served with salsa, fresh greens and toast.  
**ROASTED VEGETABLE QUICHE** 14  
 Sweet potato, zucchini, red peppers and broccolini baked with goat cheese and eggs on flaky pie crust. Served with fresh greens and toast.  
**SPINACH + MUSHROOM FRITTATA** 14.5  
 Fresh spinach, piquillo peppers, crimini mushrooms and goat cheese baked with eggs. Served with fresh greens and toast.  
**AÇAÍ SMOOTHIE BOWL** "ah-sah-EE" 13  
 Leyda's own coconut açai smoothie topped with fresh fruit, toasted coconut and quinoa granola.  
**BREAKFAST SAMMIE** 9  
 Choice of Bacon or Spinach Mushroom Florentine. On a buttery brioche bun with tomato, greens, avocado, mozzarella, an over-easy egg, chili chive aioli.



## HAND-HELD

Served with Mighty Kale Salad  
 Substitute a cup of soup 2.5

- CHICKEN SALAD SANDWICH** 14.5  
 Roasted chicken roulade with sundried tomato mayo, greens, sliced tomato, avocado, red onion.  
**SALMON TACOS** 16  
 Coconut crusted wild sockeye salmon, pineapple salsa, red cabbage slaw, guacamole.  
**VEGGIE BURGER** 15  
 Lentil, quinoa and sweet potato patty, roasted red pepper, mozzarella, tomato, pickled onion, arugula, chili chive aioli, oven-roasted fries.  
**BISON BURGER** 17  
 Grass-fed bison ground fresh, oyster mushrooms, arugula, pickled onion, tomato, mozzarella, garlic aioli, oven-roasted fries.

## PIZZAS

- PRIMAVERA** 16.5  
 Pesto, red onion, arugula, tomato, mushrooms, piquillo peppers, broccoli, mozzarella.  
**BBQ CHICKEN** 17.5  
 Roasted chicken, BBQ sauce, red peppers, onion, tomato, arugula, corn, mozzarella.  
**BEET + GOAT CHEESE** 16.5  
 Roasted beets, dill bechamel, arugula, pepitas, goat cheese, red onion, mozzarella.

### BE CREATIVE

#### ADD:

Shrimp Skewer	6	Oven-Roasted Fries	5
Chicken	6	Guacamole	4
Salmon	6	Salsa	3
Crispy Tofu	4.5	Avocado	3
Bison Chorizo	5	Sweet + Local Potato Hash	5
Bacon	3.5	Side Mighty Kale Salad	8

# Leyda's

 **VEGAN FRIENDLY - ASK FOR MODIFICATIONS**  
**PLEASE INFORM US OF ANY ALLERGIES**